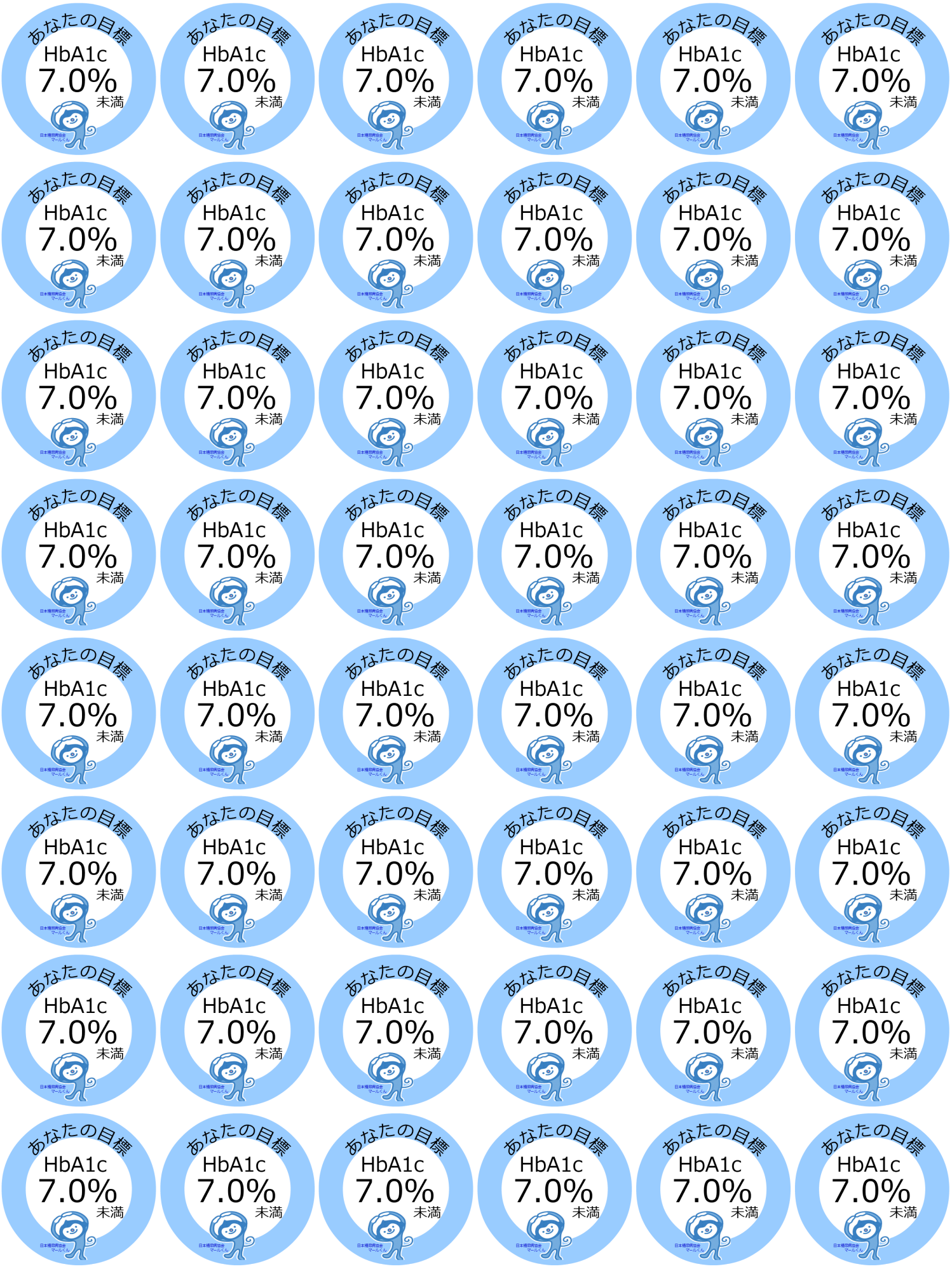
あなたの目標
HbA1c
7.0%
未満